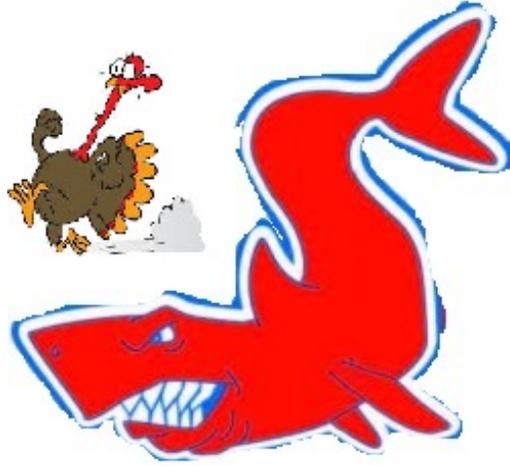


Your Free Monthly Shred News! November 2016



Your Monthly News & Updates

As the leader in information management and destruction, we continue to set ourselves apart from the competition by offering our clients piece of mind combined with the very best service.

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Fall Shredding Special!

One Month FREE Shredding with One Year Agreement!

We are here to answer your questions or book your document shredding needs.
Call us today! **270.793.0880**



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New Drop-Off Location for Residential Customers!

Land Shark Shredding is happy to announce that all local residential customers can drop off material to be shredded at ACE Hardware in Bowling Green, KY - located in Fairview Plaza Shopping Center. Priced at only \$1.00 per pound, this is a wonderful and convenient option for you! Not a local customer? No problem! Call us today and schedule a pick-up at your house!



The Power of the Introvert

Susan Cain, in her book *Quiet: the Power of Introverts in a World that Can't Stop Talking*, uncovers the power of the introvert. Cain says that whether or not you are an introvert or extrovert depends on how you respond to social stimuli. An extrovert thrives on large amounts of stimulation. An introvert feels most alive in quieter environments. Introverts, like Bill Gates, prefer listening to speaking and have a desire for solitude.



The point of Cain's book is that both extroverts and introverts make great leaders. We live in a society where the ideal character is bold, outgoing and gregarious. But, according to research out of the Wharton School, introverts often deliver better outcomes. The bottom line is that it is important for both types to understand one another and for introverts to feel better about who they naturally are, because both styles can lead excellently.

Source: *Quiet: the Power of Introverts in a World that Can't Stop Talking*

Crazy Fun Thanksgiving Facts

- Benjamin Franklin wanted the turkey to be the national bird, rather than the bald eagle
- Americans eat 46 million turkeys each Thanksgiving!
- Californians consume the most turkey in the US on Thanksgiving Day
- The heaviest turkey weighed 86 pounds, according to the *Guinness Book of Records*
- Campbell's soup created green bean casserole for an annual cookbook 50 years ago. Today they sell \$20 million in cream of mushroom soup!
- Wild turkeys can run 20 mph when they are scared
- Turkeys were not eaten on the first Thanksgiving. What was? Probably version, duck, geese and fish, but definitely no turduckens!



Source: Allparenting

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