

## Your Free Monthly Shred News

### July 2016



As the leader in information management and destruction, we continue to set ourselves apart from the competition by offering our clients piece of mind combined with the very best service.

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## 91% of Healthcare Companies Suffered a Breach in Last Two Years!

Forty percent of health care organizations have had more than five data breaches according to a study done by the Ponemon Institute. Experian predicts that healthcare companies will remain one of the most targeted sectors by attackers due to its value on the black market. Medical records are worth up to ten times more than credit card numbers



Experian suggests that health organizations focus on training employees in management and handling of data on a regular basis, as well as continue to invest in up-to-date security technologies.

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## Back to School!



For a kid, going from a hazy, lazy summer where the only thing she has on her schedule is scratching a mosquito bite (and even then only if she feels like it!) to having to rise with the sun, look remotely human, and pay attention all day can be a major shock. But there are ways you can make things go more smoothly, starting right now.

[Click here for a list of easy ways to transition from summer to school](#)

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## Summer Reading - Seven Books Everyone Should Read!

Most people use the summer as a time to relax, unwind and enjoy life. Why not use the summer as an opportunity to distinguish yourself from others? Success Magazine made a list of 25 MUST READ books!



Think and Grow Rich by Napoleon Hill is a classic! It's the model for personal growth books. The Seven Habits of Highly Effective People by Stephen Covey has helped millions of people change their perspectives and their lives! Read, read, read - let the books touch you, make you think, challenge your views and carry you to new horizons.

[Click Here to See the Complete List of Must Read Books](#)

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## Land Shark Shredding

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